

## Medicaid Home and Community-Based Services Waivers

A Medicaid Home and Community-Based Services (HCBS) waiver allows states to use Medicaid funds to provide services to people with disabilities in their homes and community, who would otherwise be served in an institution. The Centers for Medicare and Medicaid Services (CMS) approves state waivers. **A person must receive Medicaid to be on a waiver.** Participation in a Medicaid HCBS Waiver is voluntary and person-centered.

To be eligible for *any* Medicaid HCBS waivers, you must:

- 1) Be a citizen of the United States of America or a qualified alien under the federal Immigration and Nationality Act and be lawfully present in the United States;
- 2) Be a resident of the State of Nebraska; and
- 3) Be receiving Medicaid.

Each waiver has its own eligibility requirements. **A person can only be on one waiver at a time**, though they may receive services on one waiver while waiting for another waiver to become available to them.

There are two waivers to serve people with disabilities, who meet Nursing Facility (NF) Level of Care and want to receive services and support in their community:

- **Aged and Disabled (AD) Waiver:** For people of all ages who have a disability and people over 65 years old. Intended to help people live at home.
- **Traumatic Brain Injury (TBI) Waiver:** For people ages 18 and older who have had a traumatic brain injury. This waiver is not for acquired brain injury caused by strokes, tumors, and other non-traumatic causes. Intended to help people with TBIs to live at home.

There are three waivers to serve people with developmental disabilities, who meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) Level of Care:

- **Comprehensive Developmental Disabilities (CDD) Waiver:** Offers services for daytime community integration and residential support. The focus is on teaching independent living skills in a person's home. This waiver is for people of all ages, though day services become available at age 21.
- **Developmental Disabilities Adult Day (DDAD) Waiver:** Offers services focused on daytime community integration and inclusion, including job support or teaching skills for future employment. This waiver is for people ages 21 and older.
- **Family Support Waiver (FSW):** Offers services and supports to help children with developmental disabilities continue to live in their family home. This waiver is for people from birth to age 21 years old.

### Learn More

- [What do I Need to Know about Medicaid?](#) - What applicants and participants need to know.
- [Aged and Disabled Waiver Info Sheet](#) - A one-page overview of AD Waiver services and requirements.
- [Traumatic Brain Injury Waiver Info Sheet](#) - A one-page overview of TBI Waiver services and requirements.
- [Comprehensive Developmental Disabilities Waiver Info Sheet](#) - A one-page overview of CDD Waiver services and requirements.
- [Developmental Disabilities Adult Day Waiver Info Sheet](#) - A one-page overview of DDAD Waiver services and requirements.
- [Family Support Waiver \(FSW\) Info Sheet](#) - A one-page overview of FSW services and requirements.

All resources are available at:  
<http://dhhs.ne.gov/Pages/DD-Resources.aspx>.

Most resources are available in other languages at:  
<https://dhhs.ne.gov/Pages/DD-Resources-In-Foreign-Languages.aspx>.

SERVICES OFFERED ON EACH WAIVER	AD	CDD	DDAD	FSW	TBI
<b>Adult Day</b> provides social activities, supervision, and support. No teaching.		✓	✓		
<b>Adult Day Health</b> allows structured social, teaching, and health activities.	✓				✓
<b>Assisted Living</b> is provided by licensed facilities for residential and support services.	✓				✓
<b>Assistive Technology</b> provides equipment to increase daily skills and independence.	✓	✓	✓	✓	✓
<b>Caregiver Training</b> is education for unpaid caregivers.				✓	✓
<b>Child Day Habilitation</b> provides children with teaching and support in a community setting.		✓		✓	
<b>Chore</b> helps with household tasks so you can remain at home.	✓				✓
<b>Community Integration/Connections</b> helps a person access their community.		✓	✓	✓	✓
<b>Companion</b> for adults ages 18 and older; supervision and social supports are provided in a person's home and community settings.	✓				✓
<b>Consultative Assessment</b> for adults provides assessment and recommendations for challenging behaviors.		✓	✓		
<b>Day Supports</b> provides activities and teaching in a provider location.		✓	✓	✓	
<b>Environmental Modification Assessment</b> determines home or vehicle changes to meet your needs.	✓	✓	✓	✓	✓
<b>Extra Care for Children with Disabilities</b> for youth through age 17 allows a usual caregiver to be employed or attend school.	✓				
<b>Family and Peer Mentoring</b> provides mentors with life experiences navigating systems and resources.				✓	
<b>Home Again/Transitional Services</b> pays non-recurring set-up expenses so you can move from an institution to a private home or assisted living.	✓	✓	✓		
<b>Home-Delivered Meals</b> provides meals to you at your home.	✓				✓
<b>Home and Vehicle Modifications</b> to your private residence or primary vehicle to meet your needs, stay safe, and do things yourself.	✓	✓	✓	✓	✓
<b>Homemaker</b> does household activities and home care to help the usual caregiver when they are absent or unable to manage their family home.		✓		✓	
<b>Independence Skills Building</b> provides teaching in activities of daily living to help with skills that were lost. Provided in your home or group setting.	✓				
<b>In-Home Residential Habilitation</b> provides teaching in your own home (Independent Living) or family home (Supported Family Living).		✓	✓	✓	
<b>Personal Care</b> for adults aged 18 and older, includes helping with activities of daily living, companion services, and health-related tasks.	✓				✓
<b>Personal Emergency Response System (PERS)</b> is a device to call for help.	✓	✓	✓	✓	✓
<b>Prevocational</b> teaches general job-related skills needed to get a job.		✓	✓		
<b>Residential Habilitation</b> in a provider setting; includes Continuous Home, Host Home, and Shared Living.		✓			
<b>Respite</b> provides relief for your usual caregiver.	✓	✓	✓	✓	✓
<b>Small Group Vocational Support</b> in a business or the community, where you learn work skills and behavior for future employment.		✓	✓		
<b>Specialized In-Home Residential Habilitation</b> for adults temporarily unable to leave their home for day services; includes Behavioral and Medical.		✓			
<b>Supported Employment – Individual and Follow-Along</b> help you keep your competitive, integrated job.		✓	✓		✓
<b>Therapeutic Residential Habilitation</b> is an all-inclusive service in a provider setting, available when you have both DD and severe mental illness.		✓			
<b>Transportation</b> provides rides to places in your community for non-medical purposes.	✓	✓	✓	✓	✓